



mobius dance
theatre

The Creative Team // Biogs



Kate Mason // Artistic Director

Kate Graduated from Laban in 2001 with a BA(Hons) in Dance Theatre. As a performer Kate has worked with: Ascendance Rep, Blue Eyed Soul/Jess Curtis – Gravity, Cscape, Motionhouse Dance Theatre, Pivotal Dance Company, Topiary Dance Company, State of Emergency, Synapse Dance Company (Japan), Wired Aerial Theatre and Paul Gazzola. Kate has a vast amount of experience in teaching and leading educational based projects both nationally and internationally, working with all ages and abilities.

Such is Life will be **mobius's** fifth touring work. Kate has also worked choreographically with the following companies: Ascendance Rep, Babis Alexiadis, Bare Bones, Derby Dance, Intel, Kodak, Leeds University, Ludus, Northampton Dance, Synapse Dance Company (Japan), and formed performance collective, Table Football Club, with choreographer Claire Cunningham in 2009.

Carl Harrison // Dancer

Originally from Manchester, Carl Harrison began his professional training at London Contemporary Dance School where he combined his interest of theatre with dance. Since graduating, he won the Deutsche Bank Pyramid Award for Contemporary Dance and went on to form Minna No Project; a dance company based in London and Paris. He works largely as a freelance dance artist in the UK (State of Emergency, Cathy Seago, Mobius) and Ireland (Wexford Opera, Ponydance, Ingrid Nachstern).

Sioda Martin // Dancer

Sioda Martin was influenced by her musical upbringing, Irish step dance and her time spent with Barnsley Youth Dance Theatre as a child under Alison Thornton Clarke. She graduated from the Northern School of Contemporary Dance in 2002 with a BA (Hons) Degree.

Sioda then went on to work as an apprentice with Kim Brandstrup and Arc in London, before eventually moving to the West Midlands to work with ACE Dance and Music on their production of En-Trance. Shortly after, Sioda joined Motionhouse Dance Theatre and worked with them for three years, on various site specific works, whilst also touring in their larger scale shows, 'Perfect' and 'Driven'. Since leaving Motionhouse, Sioda has been teaching workshops and classes around the country as a freelance dance artist, aswell as teaching within the Centre of Advanced Training scheme and for companies such as Anjali, She has also been performing with Assault events in N. Ireland on an ongoing dance theatre project, Keiradance, a fusion of Contemporary and Irish dance and music, Yael Flexer and Bedlam Dance Co. and Nikky Smedley and The Tell Woman Collective. Sioda has been performing and teaching with Mobius since 2006 and is excited to be back for the 'Such is Life' tour.

Helen Parlor // Dancer

Helen began her training at 18 years old at the Town Hall Studios in Swindon as part of Swindon Dance. From there she studied for a further 3 years at Northern School of Contemporary Dance gaining a distinction at BA Dance Performance. In 1998 she joined 'Dansconnect' a lottery funded performance company which toured schools in the southwest performing works by Jonathon Lunn, Scott Ambler, Nikky Smedley, Yael Flexor and Banxy. In 2000 Helen joined Motionhouse Dance Theatre and stayed with the company for six years touring 'Atomic', 'Fearless', 'Volatile' and 'Perfect'. During this time Helen was Artistic Director for Full Force Dance Company run through The Point in Eastleigh, making a full length show on 6 male dancers promoting boys dance. In 2006 Helen moved to Norway to perform with Panta Rei Danseteater, touring Norway, Sweden and India with work made by Jamie Watton and Anne Ekenes. Returning to the UK Helen became Artistic Director for 'Forbidden-A Tale of Love and War' a site specific held at Goodrich Castle in 2008. 2009 saw collaborations with 'Theatre Is...' and Cirque Bijou as Helen became dance director for their work in progress 'Tightrope'. Helen joined Mobius in 2008 for their research and development period of 'Such is Life' and has remained with the company to tour their new work.

Caitlin Smith // Dancer

Caitlin trained at Laban Centre London. She has worked in dance and physical theatre in the UK and Germany with companies including Theater der Klaenge, , Slung Low, 103 Falling Birds, The Wrestling School, Diversity Dance, Stephen Koplowitz and Aegis Productions. She is co-director of Strati Project a collaboration between dancers and musicians exploring layers of movement, sound and light in live composition. She has worked as movement director and advisor for theatre with Encompassment Theatre, Point Blank Theatre, 24:7 Festival, Grimbourne Opera Festival and Actors Themselves.

Phil Williams // Dancer

Phil originates from the South Wales valleys and was a keen rugby player with the Ebbw Vale Steelmen before taking his first dance class aged 16. He went to train at London Contemporary Dance School and joined the postgraduate performance company 4D. After graduating from LCDS in 2000, Phil joined Diversions the Dance Company of Wales where he performed works by international choreographers including Zvi Gothiner, Tommi Kitti and Stein Celis. Whilst at Diversions Phil made two works 'Highly Strung' and 'Shift' for the company's second season. Since leaving Diversions in 2005 Phil has made 'FLUX', in collaboration with composer Simon Thorne that premiered at Horizons dance festival.

Phil has also worked with theatre writer and director Greg Cullen to create 3 large-scale works, 'Botticelli's Bonfire', 'An Informers Duty' and "Cafe Cariad'. He has choreographed and taught for Independent Ballet Wales and Welsh National Opera. In 2007 Phil joined Maresa von Stockert Tilted productions for 'Anomalous Creatures', 'Glacier' and the current production of 'TrAPPED'. Phil is currently performing with Mobius Dance Theatre in their latest production 'Such is Life' as well as directing the 'Plunge" project for National Dance Company of Wales. Phil has recently made 'MUSCLE' a new Theatre production with Greg Cullen. Phil continues to work nationally and internationally as a teacher, choreographer and performer. Off stage and outside the studio Phil engages in any activity that scares him and is a self confessed adrenaline junkie, riding fast bikes and climbing high rocks!

Nathaniel Reed // Composer

Nathaniel Reed is a London based composer and sound designer. He composes music for theatre, dance, television and film. Collaborations include work with V-TOL Dance Company, The National Theatre of Scotland, Frantic Assembly, Lois Taylor, Mark Murphy, Trading Faces, Boilerhouse, Kip Hall, Liam Steel, Jamie Watton and Hélène Blackburn. Most recently, he has been working in Oslo with Panta Rei Danseteater.

Helen Scarlett O'Neill // Designer

Helen Scarlett O'Neill graduated BA Hons Theatre: Design for Performance from Central St Martin's College of Art and Design. She works in two main areas; performance design and concept development/visualisation. Her main focus and passion is to create set and atmosphere through light which is mixed live, reacting to live music, action and audience.

Her approach to lighting is greatly influenced by a background in dance, mainly classical and contemporary ballet. Helen first realized her aptitude for lighting design working with Russian director Pavel Rudanovsky and Japanese fashion designer Kumiko Tani to create *The Unfashion Show* in 2006. She went on to design light, costume and set for *Eat or Be Eaten*, a dance drama performance later that year. She worked as a designer for Punchdrunk's *Faust* in Wapping and for Future Shorts: Secret Cinema. She further created an outdoor one hour performance of Shakespeare's *Hamlet* with director Yuko Iwata, designed lighting for Seamus Heaney and Derek Walcott's *The Burial at Thebes* in 2008 as well as designing the dance piece *Menage A Trois* for the Rivoli Ballroom and the Royal Festival Hall.

Since completing Unfashion's II and III, Helen has continued to develop light and set for Unfashion projects, expanding into music videos and live performance events as well as producing storyboards and conceptual art. She is soon to release her first film *With The Banned*; an art documentary based on the work and experiences of controversial young artist Pierre Anstis.

(See set visualisations below)

